

Menheniot Parish Clerk

From: Tamsin Chapman <Tamsin.Chapman@womenscentrecornwall.org.uk>
Sent: 09 March 2021 11:09
To: clerk@menheniotparishcouncil.co.uk
Subject: The Women's Centre Cornwall

Dear Councillors,

I am writing to you on behalf of the Women's Centre Cornwall. The Women's Centre Cornwall offers free, safe and confidential specialist support to women and girls in our community, who have experienced any form of sexual violence and/or domestic abuse at any time in their lives. In addition to running a helpline and online forum, we offer up to 26 weeks of one-to-one specialist support to take women and girls through a journey of healing.

Sexual and domestic abuse are deeply traumatic experiences with serious and longstanding consequences including negative impacts upon relationships, self-worth, ability to concentrate, confidence, health and wellbeing. Many women will experience anxiety, depression and other mental health issues such as PTSD. Our empowerment model of support helps women and girls to understand what has happened to them and how it has affected them. With our support, women and girls are able to move on with their lives, restore their sense of wellbeing and have a much better chance of reaching their potential and living happy, fulfilling lives.

We are currently providing specialist one-to-one support to 186 women and girls who have been abused, 24 of whom live in Liskeard and the surrounding area. As you may have seen in recent media reports, the demand for services such as ours is increasing and we are seeking extra resources in order to meet this need. I am therefore writing to ask whether you could you make a donation to support women and girls in your parish and help us to continue providing this valuable service?

If you have any further question, please do not hesitate to ask. If you would be willing to donate you can send a cheque to The Women's Centre Cornwall, P.O. BOX 39, Bodmin, Cornwall PL31 1XF or via BACS NatWest sort code 60-03-54 account 82106126

Many thanks in advance for your support

Tamsin Chapman-Gunner| Fundraiser

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www.womenscentrecornwall.org.uk

COVID-19 Service Update

During this time please note that the Women's Centre Cornwall is still operating – we are still here to supported women & girls. Our main centre, however, is currently only open for limited face to face work and helpline. We are still taking referrals and all support will be offered via phone, email, online and (limited) face to face where possible. Our Helpline runs from 10am-1pm Monday to Saturday mornings and from 6 – 9pm on Monday & Thursday evening. Call us on **01208 77099**.

Our Specialist Support Services can be accessed via our helpline or by emailing:

support1@womenscentrecornwall.org.uk



[We have recently launched the Women's Survivor Forum – for women survivors of domestic and sexual abuse](#)

(click on the link for more details)



If you would like to make a donation please click on the Donation button welcome and appreciated. For further information on donating please email: fundraising@womenscentrecornwall.org.uk Your support is always



THE Women's Centre CORNWALL

P O Box 39 Bodmin Cornwall PL31 1XF

01208 76466

Charity No. 1099348

www.womenscentrecornwall.org.uk










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